



# YOUR TIME IS NOW!

We tend to live such fast-paced lives that we hardly ever seem to have time to stop and catch our breath. We also seem fixated on the past or the future. Though going fast, the past, and the future are all important, all we have right now is this moment, the present: Your Time is Now! This seminar is for you, all of us, and attending will provide you information to apply to your personal and professional life right now to ensure you are living every day to its fullest which in turn will set you up for success into the future. The time to attend or bring this inwardly focused seminar to your conference or organization is now!



## WHAT YOU WILL COVER



Mirror Moments: Who am I, and what is my mission statement?



Puzzle Pieces: Where do I fit in, and when do I act?



Crystal Clear: Why do it, and how to achieve it?

## HOW YOU WILL BENEFIT

- ★ Who am I? Learn the importance of looking at yourself in the mirror first when things don't go as well as planned. To enhance your productivity we will discuss focusing on solutions to problems rather than the fact a problem exists.
- ★ What is my mission statement? You will create your own personal mission statement to help ensure your energy is always focused on your sense of purpose.
- ★ Where do I fit in? We will discuss the small things each of us should be doing every day to positively influence our customers, colleagues, friends, and communities. Further, we'll look into being proactive vs. reactive and flexible vs. rigid.
- ★ When should I act? This will help you focus on the here and now by actually getting things done instead of talking about getting things done through a method aimed at ending, or at least minimizing, procrastination.
- ★ Why do it? Here is where you'll discover more about your passions, motivations, and strengths. The key goal is to focus on your strengths more than your shortcomings.
- ★ How to achieve it? How to achieve your mission statement that is. You will get to practice ART (Attitude, Realist, Teamwork) by painting your picture of success and adjusting your mindset to expect success rather than hope for it!

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