



# Woman to Woman Be Yourself and Still Succeed

The Women-to-Women workshop was designed by women for women. The workshop focuses on providing tools, tips, and proven strategies that are guaranteed to make you a more empowered woman. This workshop allows you to learn from the developer(s) of the workshop; in addition, sharing stories, ideas, and life experiences of other women only enriches your experience and provides inspiration, motivation, and empowerment!

The workshop provides a unique opportunity to meet, mingle, and network with a very diverse group of women who will inspire you beyond imagination. Their compassion, experiences, accomplishments, and strengths propel other women to – go beyond where they thought they could go! Bring your business cards and let's start growing.

## HOW YOU WILL BENEFIT

- ★ Feel good about yourself starting from the inside and learn how others interpret what you display
- ★ Appreciate the 104,000 reasons for having a passion about your career or job
- ★ Recognize that a career or job is not who you are, it is what you do – separating the two and feeling good about both
- ★ Define your behaviors and determine if you live in a passive, passive aggressive, aggressive, or assertive world



## WHAT YOU WILL COVER

- ★ Understand Myers Briggs Type Indicator (MBTI) and how it helps you recognize why you do what you do and how it affects others – it is not wrong – it is just different!
- ★ Focus on the three keys for being successful – passion, goals & objectives, and relationships
- ★ Recognize that you are not alone in the managing of the day-to-day situations
- ★ Recognize how your attitude determines what you get in life or not
- ★ Feel empowered rather than guilty when saying 'No'

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Southampton, Massachusetts  
1-888 VISIT LDi (1-888-474-8534)

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