



# Human Interaction Workshop

How you interact with others is crucial, whether it is a face-to-face, group, or virtual interaction, it must be effective. Participants attending this session will examine and analyze their approach and effectiveness in these interactions. This workshop offers theory and practice, combined with knowledge that generates an enhanced skill set when interacting one-on-one or in groups. Perception is reality; like it or not, you are being judged. Learn how others perceive you while engaging in an opportunity to enhance the effectiveness of your interaction.

This course will change the way you see yourself through increased self-awareness, shifts in the way you think about your interaction versus others, and move from being reactive to proactive.

You will leave this workshop profoundly changed!



## WHAT YOU WILL COVER

- ★ Interact with others through Myers-Briggs Type Indicator) (MBTI)
- ★ Manage themselves when interacting with others who interact differently
- ★ Persuade and influence out of their circle of influence
- ★ Improve their communication style effectively
- ★ View feedback as a 'gift' and gain an understanding of how to give and receive feedback

## HOW YOU WILL BENEFIT

- ★ Influence and persuade groups
- ★ Manage conflict

**Presented by Leader Development Institute  
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Southampton, Massachusetts

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